

All staff are subject to the listed rule violations

In the 2015 World Anti-Doping Code there are 10 Anti-Doping Rule Violations (ADRV). They consist of the following:

- The presence of a prohibited substance or its metabolites or markers in an athlete's sample
- Use or attempted use by an athlete of a prohibited substance or a prohibited method
- Evading, refusing, or failing to submit to sample collection
- Whereabouts failures: any combination of three missed tests and/or filing failures within a 12-month period by an athlete in a registered testing pool
- Tampering or attempted tampering with any part of doping control
- Possession of a prohibited substance or prohibited method
- Trafficking or attempted trafficking in any prohibited substance or prohibited method
- Administration or attempted administration to any athlete in-competition of any prohibited method or prohibited substance, or administration or attempted administration to any athlete out-of-competition of any prohibited method or any prohibited substance that is prohibited out-of-competition
- Complicity: assisting, encouraging, aiding, abetting, conspiring, covering up or any other type of intentional complicity involving an ADRV or any attempted ADRV
- Prohibited Association: associating with a person such as a coach, doctor or physio who has been found guilty of a criminal or disciplinary offence equivalent to a doping violation

For clarification of any of the above violation or to report a violation please contact rcjones@cardiffmet.ac.uk